

Alia

filia



La Storia Della nostra Squadra

Fi'lia is a daily destination where local artisanal ingredients, handcrafted cocktails, and culturally immersive experiences come together in a way

Dubai has never seen before.

Rooted in genuine Italian tradition with a Mediterranean touch, our menu is inspired by recipes and stories passed down from one generation of women to the next. It's thoughtfully divided into three sections:

Nonna - traditional, comforting dishes just like grandma used to make

Mamma - beloved classics with a modern, creative twist

Figlia, now Fi'lia - a fresh, contemporary take from the daughter's perspective

Proud to be the region's first fully female-led restaurant, Fi'lia is a celebration of empowerment and equality. Even our cocktail menu features spirits crafted by women, with each drink telling a story in every sip.

From handmade pastas and craft pizzas to freshly baked breads and innovative vegetable-forward plates, our commitment to quality shines through every dish.

Open for lunch and dinner, Fi'lia is where tradition meets innovation—and where creativity, craftsmanship, and community always have a seat at the table.



@filiadubai

"The Day I fell in love with Italy"

Chef Célia Stoecklin

— AVAILABLE FOR DINNER ONLY —



Signature menu

- Sharing style -
AED545

From an early age, I was certain my future would be in the kitchen, where my love for handmade, artistic creations would come to life through my dishes.

My culinary journey has been a constant growth, creativity and refinement. My time in Italy truly deepened my connection to the country's authentic flavours and rich culinary traditions.

Today, at Fi'lia, I am blending Italian heritage with influence offering a menu that is both innovative and sincere.

Buon Viaggio!

[●] Fi'lia signature [VG] Vegan [V] Vegetarian [N] Nuts [GF] Gluten Free [G] Gluten [S] Shellfish [D] Dairy [R] Raw [E] Egg
Please highlight any specific food allergies or intolerances to our colleagues before ordering.

All prices are in UAE Dirham and are inclusive of 7% Municipality Fee, 10% Service Charge and 5% VAT.

Consumption of raw or undercooked animal, seafood, or poultry products, such as eggs, may increase the risk of food-borne illness.
تحذير- تناول المنتجات الحيوانية أو المأكولات البحرية أو الدواجن النيئة أو مثل البيض. قد يزيد من خطر الإصابة بالأمراض المنقولة عن طريق الطعام

Antipasti

Antipasti is a true celebration of Italy's rich culinary heritage. As you travel from region to region, the flavors and ingredients shift, showcasing local traditions and regional delicacies with every bite.

NONNA

PIZZETTA (G, D, V) | AED 79
oven-baked pizza dough,
Italian stracciatella, roasted tomatoes

FRITTO MISTO (G, S, E) | AED 89
fried marinated seafood,
lemon aioli

POLPETTE DI CARNE (G, D) | AED 82
beef meatballs, marinara sauce,
parmesan cheese, extra virgin olive oil

PARMIGIANA (G, D, V, E) | AED 68
oven-baked eggplant, tomato sauce,
buffalo mozzarella, parmesan cheese

MAMMA

BURRATA (G, D, V, N) | AED 98
150g of Italian burrata, candy tomatoes,
romesco sauce, crouton bread
(gluten-free option available)

GAMBERI (G, D, N, S) | AED 115
roasted garlic prawns,
vanilla butter, toasted almonds
(gluten-free option available)

VITELLO TONNATO (G, D) | AED 88
slow-cooked veal, tuna sauce,
pickled pearl onions, chicken jus

INSALATA DI FARRO (G, V, VG, N) | AED 65
farro salad, mixed vegetables,
roasted pepper dressing, almonds

SELEZIONE DI PANE (G)
homemade bread selection, olive tapenade

additional basket for two | AED 15 additional basket for four | AED 30

FI'LIA

TOMINO FRITTO (G, D, V, E, N) | AED 92
breaded soft cow milk cheese, figs,
rocket leaves, pecan nuts, salsa verde

CRUDO DI SALMONE (G, R) | AED 105
cured salmon slices, radish,
lemon and mustard dressing, apple
(gluten-free option available)

CARPACCIO (G, D, N, R) | AED 115
thin sliced beef, truffle dressing,
porcini, parmesan, hazelnuts

ARANCINI (G, D, E) | AED 75
fried saffron risotto balls, tomato sauce,
beef short ribs ragout, sardinian pecorino

Pasta and Risotto

NONNA

TAGLIATELLE AL RAGÙ (G, D, E) | AED 125
fresh tagliatelle pasta, breadcrumbs,
beef short ribs ragù, cherry tomatoes
sharing option: AED 195

LASAGNA (G, D, E) | AED 108
fresh lasagna pasta, bolognese ragout,
buffalo mozzarella, béchamel,
fresh basil

TUBETTI ALLA LUCIANA (G) | AED 112
hollow short pasta tubes, octopus,
cherry tomatoes, garlic, fresh basil

MAMMA

TAGLIOLINI AL LIMONE (G, D, V, E) | AED 95
fresh tagliolini pasta, fresh basil,
lemon butter sauce, espelette pepper
additional Mazara prawn tartare: AED 55

CARBONARA (G, D, E) | AED 105
spaghetti pasta, angus beef bacon,
pecorino romano, egg yolk, black pepper
(gluten-free option available)

RISOTTO AI FUNGHI (G, D, V) | AED 108
carnaroli rice, mixed wild mushrooms,
aged parmesan cheese

FI'LIA

MAFALDINE AL TARTUFO (G, D, V, E) | AED 148
fresh mafaldine pasta, truffle butter sauce,
parmesan cheese, fresh truffle
(gluten-free option available)

AGNOLOTTI (G, D, E) | AED 98
confit duck legs, stuffed fresh pasta,
chicken jus, parmesan sauce

RISOTTO AI GAMBERI (G, D, S) | AED 128
carnaroli rice, lobster bisque,
red prawns, garlic, parsley, lemon zest

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La Famiglia

We believe in the joy of sharing delicious food and the simple pleasure of eating together. La Famiglia is about creating lasting memories - moments of connection, comfort, and celebration that stay with us for life.

(Recommended to share for 2-4 people)

NONNA

TAGLIATA DI CONTROFILETTO (G, D) | AED 699

400 gr Westholme Wagyu beef striploin
MBS 8-9, mashed potato, grilled vegetables, black pepper sauce

MAMMA

BRANZINO ALLA GRIGLIA (GF) | AED 375

1 kg grilled butterfly seabass, mixed candied tomatoes, salmoriglio

FI'LIA

COSTOLETTA ALLA MILANESE (G, D, R, E) | AED 395

600 g of veal milanese, poached eggs, parmesan cheese, fresh truffle

Main Course

NONNA

POLLO (G, D) | AED 135

free-range chicken breast, mashed potato, tomato, bell pepper, chicken jus

MAMMA

FILETTO (G, D) | AED 265

180 g Wagyu beef tenderloin, baby gem, fried potatoes, black pepper sauce

FI'LIA

AGNELLO (G, D, N) | AED 175

braised lamb ribs, creamy polenta, heirloom carrots, mint jus

COZZE SALTATE (G, S, D) | AED 129

fresh mussels, tomato butter sauce, thyme, lime

POLPO (G, D, N) | AED 145

sautéed octopus, potato foam, gremolata, spicy spianata, garlic chips

DENTICE (G, D, S) | AED 162

red snapper, smoked aioli, beef salami bisque sauce, confit potato, mussels, samphire

MELANZANE (G, D, V, E) | AED 115

grilled breaded eggplant, parmesan cheese, mixed candied tomatoes

PEPERONI RIPIENI (GF, V, D, N) | AED 105

stuffed bell peppers with eggplant caponata, crushed potato, garlic sauce, almonds

Contorni

NONNA

MAMMA

FI'LIA

INSALATA DI POMODORO (GF, VG, V) | AED 60

datterino tomato salad, balsamic vinegar, feta cheese

INSALATA MISTA (GF, VG, V) | AED 50

mixed green leaves, tomato, cucumber, sunflower seeds, lemon dressing

INSALATA FI'LIA (GF, D, V) | AED 65

baby spinach, aged parmesan cheese, truffle dressing, fresh truffle

VERDURE SALTATE (GF, VG, V) | AED 40

sautéed seasonal vegetables

ASPARAGI ALLA GRIGLIA (GF, V, VG) | AED 60

grilled asparagus, fresh basil

BROCCOLINI AL CARBONE (GF, V, VG) | AED 40

soy sauce glazed broccolini

PUREÉ DI PATATE (G, D) | AED 55

mashed potato, pecorino romano, goose speck, crispy potato

PATATA RUSTICA (G, D) | AED 55

smashed potato confit in beef fat, parmesan cheese, espelette pepper

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Pizze

At Fi'lia, pizza is a craft - and our pizza dough is where it begins. Our contemporary dough is fermented and left rested for hours, creating bold, airy crust with an irresistible crunch. Each pizza is hand-stretched to order, with generous borders and a texture that is light, open, and deeply satisfying - a modern tribute to Italian traditions.

NONNA

MARINARA (G, VG, V) | AED 67
tomato sauce, garlic chips, oregano, extra virgin olive oil, garlic purée

VESUVIO (G, D, V) | AED 78
zucchini cream, fior di latte, scamorza, vesuvius tomatoes, grilled zucchini

DIAVOLA (G, D) | AED 92
beef spinata sausage, pepperoni, tomato sauce, fior di latte, chilli flakes

CALZONE (G, D) | AED 98
stuffed pizza with buffalo mozzarella, tomato sauce, veal ham, ricotta, fresh basil

MARGHERITA (G, D, V) | AED 75
classic with fior di latte, tomato sauce, fresh basil, extra virgin olive oil

5 FORMAGGI (G, D, V) | AED 89
fior di latte, buffalo mozzarella, scamorza, gorgonzola dolce, ricotta

MORTADELLA E PISTACCHIO (G, D, N) | AED 98
veal mortadella, roasted pistachio, fresh Italian stracciatella, red onions

ROSMARINA (G, D) | AED 75
sliced potatoes, caciocavallo, gorgonzola dolce, fior di latte, rosemary

BUFALA (G, D, V) | AED 85
tomato sauce, buffalo mozzarella, fresh basil, extra virgin olive oil

TARTUFO (G, D, V) | AED 125
parmesan cream, truffle paste, buffalo mozzarella, fresh truffle

BRESAOLA E BURRATA (G, D) | AED 125
beef bresaola, tomato sauce, 80 g Italian burrata, taggiasca olives

FUNGHI (G, D) | AED 92
black charcoal pizza dough, mixed wild mushrooms, veal ham, manchego 6 months

Dolci

Whether you're looking for something light and refreshing or rich and decadent, there's an Italian dessert that's perfect for every taste and occasion.

NONNA

FI'LIAMISU (G, D, V, E) | AED 60
classic tiramisù cream, ladyfinger biscuit, espresso coffee syrup

TORTA BRUCIATA (G, D, V, N, E) | AED 62
Basque cheesecake with red berries jam, fresh strawberries, crumble

MAMMA

PAVLOVA (GF, D, V, E) | AED 60
Fi'lia's signature Pavlova

PROFITEROLE (G, D, V, N, E) | AED 65
choux pastry filled with vanilla ice cream, hazelnut praliné, gianduia sauce

FI'LIA

FI'LIA GELATO (GF, D, V, N) | AED 55
amarena ice cream, chocolate crumble, chocolate sauce, confit cherries

LIMONE (GF, D, V, N) | AED 55
lemon and yogurt mousse, citrus sorbet, white chocolate, revani crumble

Price Per Scoop

GELATI

vanilla	20
yogurt and strawberries	20
pistachio	20

SORBETTI

lemon & basil	15
mandarin	15
raspberry	15

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You've stolen a pizza
my heart...