

Filia

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La Storia Tella nostra Squadra

Fi'lia is a daily destination where local artisanal ingredients, handcrafted cocktails, and culturally immersive experiences come together in a way Dubai has never seen before.

Rooted in genuine Italian tradition with a Mediterranean touch, our menu is inspired by recipes and stories passed down from one generation of women to the next. It's thoughtfully divided into three sections:

Nonna - traditional, comforting dishes just like grandma used to make
Mamma - beloved classics with a modern, creative twist
Figlia, now Fi'lia - a fresh, contemporary take from the daughter's perspective

Proud to be the region's first fully female-led restaurant, Fi'lia is a celebration of empowerment and equality. Even our cocktail menu features spirits crafted by women, with each drink telling a story in every sip.

From handmade pastas and craft pizzas to freshly baked breads and innovative vegetable-forward plates, our commitment to quality shines through every dish.

Open for lunch and dinner, Fi'lia is where tradition meets innovation— and where creativity, craftsmanship, and community always have a seat at the table.



@filiadubai

A Celebration of Italian Flavours

— AVAILABLE FOR DINNER ONLY —



Signature menu

- Sharing style -
AED545

Inspired by a deep love for Italian culture and cuisine, Fi'lia celebrates the art of handmade cooking and time-honoured traditions.

Rooted in authenticity and creativity, the menu reflects a journey through Italy's rich culinary landscape - where every dish tells a story of heritage, craftsmanship, and modern expression.

Buon Viaggio!

Antipasto

CARPACCIO (GF, D, N, R)

truffle beef carpaccio, porcini mushrooms, aged parmesan, hazelnut

Primi Piatti

PIZZA VESUVIO (G, D, V)

zucchini cream, fior di latte, scamorza, Vesuvio tomatoes, grilled zucchini

TAGLIOLINI AL LIMONE (G, D, S, E)

fresh tagliolini pasta, Mazara prawns, lemon butter sauce, fresh basil

Secondo Piatto

COSTOLETTA ALLA MILANESE (G, D, R, E)

breaded veal chop, poached eggs, parmesan cheese, fresh truffle

Dolce

FI'LIAMISU (G, D, V, E)

mascarpone cream, ladyfinger biscuit, espresso syrup

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Please inform our team of any allergies or dietary requirements before ordering.

All prices are in UAE Dirham and are inclusive of 7% Municipality Fee, 10% Service Charge and 5% VAT.

Consumption of raw or undercooked animal, seafood, or poultry products, such as eggs, may increase the risk of food-borne illness.
تحذير- تناول المنتجات الحيوانية أو المأكولات البحرية أو الدواجن النيئة أو غير المطهية جيدًا، مثل البيض، قد يزيد من خطر الإصابة بالأمراض المنقولة عن طريق الطعام

Antipasti

Antipasti is a true celebration of Italy's rich culinary heritage. As you travel from region to region, the flavours and ingredients shift, showcasing local traditions and regional delicacies with every bite.

NONNA

PIZZETTA (G, D, V) | **AED 79**
oven-baked pizza dough,
Italian stracciatella, roasted tomatoes

FRITTO MISTO (G, S) | **AED 89**
fried marinated seafood,
lemon aioli

POLPETTE DI CARNE (G, D) | **AED 78**
beef meatballs, marinara sauce,
parmesan cheese, extra virgin olive oil

● **PARMIGIANA** (G, D, V, E) | **AED 72**
oven-baked eggplant, tomato sauce,
buffalo mozzarella, parmesan cheese

MAMMA

BURRATA (G, D, V, N) | **AED 98**
150 g of Italian burrata, candy tomatoes,
romesco sauce, crouton
(gluten-free option available)

● **GAMBERI** (G, D, N, S) | **AED 115**
roasted garlic prawns, chili butter,
toasted almonds, sourdough bread
(gluten-free option available)

● **VITELLO TONNATO** (G, D) | **AED 92**
slow-cooked veal, tuna sauce,
pickled pearl onions, chicken jus

● **ARANCINO** (G, D, E, V) | **AED 75**
fried tomato risotto ball, scamorza,
eggplant ragù, smoked marinara sauce

FI'LIA

● **TOMINO FRITTO** (G, D, V, E, N) | **AED 95**
breaded soft cow's milk cheese, figs,
arugula, pecan nuts, salsa verde

PANZA' FI'LIA (G, V, VG) | **AED 65**
red tomatoes, cucumber, red onions,
watermelon, basil, olive oil, crouton

● **CARPACCIO DI MANZO** (GF, D, N, R) | **AED 115**
thinly sliced beef, truffle dressing,
porcini, parmesan, hazelnuts

Pasta and Risotto

All our pasta is freshly made, using egg-based recipes to achieve a rich flavour and delicate texture. Each portion is carefully prepared to order, offering a balance that is both comforting and refined. Should you have any dietary preferences, our team will be happy to accommodate.

NONNA

● **PAPPARDELLE AL RAGÙ** (G, D, E) | **AED 125**
fresh pasta, beef short ribs ragù, cherry
tomatoes, herbs breadcrumbs

LASAGNA (G, D, E) | **AED 105**
fresh pasta, bolognese ragù,
buffalo mozzarella, béchamel,
fresh basil

TONNARELLI ALLA VONGOLE (G, S, D, E) |
AED 135
fresh pasta, carpet shell clams, lemon juice,
parsley, garlic crumbs

MAMMA

● **TAGLIOLINI AL LIMONE** (G, D, V, E) | **AED 98**
fresh pasta, lemon butter sauce,
espelette pepper, lemon zest
additional Mazara prawn tartare: AED 55

● **SPAGHETTI ALLA CARBONARA** (G, D, E) |
AED 105
fresh pasta, angus beef bacon, pecorino
romano, egg yolk, black pepper
(gluten-free option available)

RISOTTO AI FUNGHI (GF, D, V) | **AED 108**
carnaroli rice, mixed wild mushrooms,
aged parmesan cheese

FI'LIA

● **PACCHERI AL TARTUFO** (G, D, E) | **AED 145**
fresh pasta, truffle butter sauce, parmesan
cheese, chicken jus, fresh truffle
(gluten-free option available)

RISOTTO CON BOTTARGA (GF, D, S) |
AED 128
carnation rice, saffron, mussels,
fresh lemon, bottarga

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La Famiglia

We believe in the joy of sharing delicious food and the simple pleasure of eating together. La Famiglia is about creating lasting memories - moments of connection, comfort, and celebration that stay with us for life.

(Recommended to share among 2-4 people)

NONNA

TAGLIATA DI CONTROFILETTO (G, D) | **AED 699**

400 g Westholme Wagyu beef striploin
MB 8-9, mashed potato, grilled
vegetables, black pepper sauce

MAMMA

BRANZINO EN CROSTA (G, E) | **AED 385**

1 kg crust-baked seabass,
Mediterranean sauce

FI'LIA

COSTOLETTA ALLA MILANESE (G, D, R, E) | **AED 395**

500 g of veal milanese, poached eggs,
parmesan cheese, fresh truffle, chicken jus

Main Course

NONNA

POLLO AL LIMONE (GF, D) | **AED 135**

grilled corn-fed chicken breast, caper,
parsley and lemon sauce

MAMMA

FILETTO DI MANZO (GF, D) | **AED 265**

200 g Wagyu beef tenderloin,
whole grain mustard sauce

FI'LIA

COSTOLETTE D'AGNELLO (G, D, N) | **AED 165**

grilled lamb chops, pistachio crust,
mint-infused jus

PEPERONI RIPIENI (G, D, V) | **AED 105**

stuffed bell peppers with eggplant
caponata, crushed potato, garlic sauce

MELANZANE (G, V, D, E) | **AED 115**

grilled breaded eggplant, parmesan
cheese, mixed candy tomatoes

DENTICE (G, D, S, E) | **AED 165**

red snapper, smoked aioli,
bisque sauce, mussels

Contorni

(small or sharing size)

NONNA

INSALATA DI POMODORO (GF, D, V) | **AED 60/85**

datterino tomato salad,
balsamic vinegar, feta cheese

MAMMA

INSALATA MISTA (GF, VG, V) | **AED 40/65**

mixed green leaves, tomato,
cucumber, sunflower seeds, lemon dressing

FI'LIA

INSALATA FI'LIA (GF, D, V) | **AED 50/75**

baby spinach, aged parmesan cheese,
truffle dressing, fresh truffle

VERDURE SALTATE (GF, VG, V) | **AED 50/75**

sautéed seasonal vegetables

ASPARAGI ALLA GRIGLIA (GF, V, VG) | **AED 60/85**

grilled asparagus, fresh basil

BROCCOLINI AL CARBONE (GF, V, VG) | **AED 40/65**

soy sauce glazed broccolini

PUREÉ DI PATATE (G, D, V) | **AED 50/75**

mashed potato, parmesan cheese,
crispy potato

PATATA RUSTICA (G, D) | **AED 50/75**

smashed potato confit in beef fat,
rosemary, thyme

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Pizze

At Fi'lia, pizza is a craft - and our pizza dough is where it begins. Our contemporary dough is fermented and left to rest for hours, creating a bold, airy crust with an irresistible crunch. Each pizza is hand-stretched to order, with generous borders and a texture that is light, open, and deeply satisfying - a modern tribute to Italian traditions.

NONNA

MARINARA (G, VG, V) | AED 67

tomato sauce, garlic chips, oregano, extra virgin olive oil, garlic purée

● VESUVIO (G, D, V) | AED 78

zucchini cream, fior di latte, scamorza, Vesuvian tomatoes, grilled zucchini

● DIAVOLA (G, D) | AED 92 🍲

beef spianata sausage, pepperoni, tomato sauce, fior di latte, chili flakes

MAMMA

MARGHERITA (G, D, V) | AED 75

classic with fior di latte, tomato sauce, fresh basil, extra virgin olive oil

● 5 FORMAGGI (G, D, V) | AED 89

fior di latte, buffalo mozzarella, scamorza, gorgonzola dolce, ricotta

● CALZONE (G, D) | AED 98

stuffed pizza with buffalo mozzarella, tomato sauce, veal ham, ricotta, fresh basil

FI'LIA

BUFALA (G, D, V) | AED 85

tomato sauce, buffalo mozzarella, extra virgin olive oil, fresh basil

● TARTUFO (G, D, V) | AED 125

parmesan cream, truffle paste, buffalo mozzarella, fresh truffle

BRESAOLA E BURRATA (G, D) | AED 125

beef bresaola, tomato sauce, Italian burrata, taggiasca olives

La Famiglia Dolci

(Recommended to share among 2-4 people)

● FI'LIAMISU (G, D, V, E) | AED 95

classic mascarpone cream, ladyfinger biscuit, espresso syrup

● FI'LIA GELATO (G, N, E, V, D) | AED 85

Amarena ice cream, cherries, chocolate crumble

Dolci

● FI'LIAMISU (G, D, V, E) | AED 60

classic mascarpone cream, ladyfinger biscuit, espresso syrup

● PAVLOVA (GF, D, V, E) | AED 60

Fi'lia's signature Pavlova

● PANNA COTTA (G, D, E, N) | AED 62

lemon panna cotta, amaretti biscuit, mascarpone cream, lemon zest

● PROFITEROLE (G, D, V, N, E) | AED 62

choux pastry filled with vanilla ice cream, hazelnut praline, gianduja sauce

● BOMBOLONI (G, D, V, E) | AED 55

cream-filled Italian doughnuts, vanilla bean sauce, icing sugar

PRICE PER SCOOP

GELATI

vanilla 20
yogurt and strawberries 20
pistachio 20

SORBETTI

lemon & basil 15
mandarin 15
raspberry 15

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my heart...