

## HEALTHY SMOOTHIES

### Green *Detox*

Spinach, Cucumber, Green Apple, Ginger, Lemon Juice, Chia Seeds, Coconut Water.

### *Antioxidant* Berry

Blueberries, Raspberries, Strawberries, Beetroot, Greek Yogurt, Honey, Almond Milk.

### *Tropical* Mango

Mango, Pineapple, Coconut, Turmeric, Vanilla Extract, Almond Milk.

### *Immune* Boost

Carrot & Orange

Carrot, Orange, Ginger, Turmeric, Greek Yogurt, Almond Milk.

### *Pear* & Chia Vanilla

Pera, Vanilla Bean, Chia Seeds, Honey, Coconut Milk.

## PROTEIN SMOOTHIES

### *Chocolate* Banana

Chocolate Protein Powder, Banana, Peanut Butter, Oat Milk, Cinnamon.

### *Berry* & Spinach

Vanilla Protein Powder, Mixed Berries, Spinach, Flax Seeds, Coconut Water, Honey.

## FRAPPES

### *Matcha* Peanut Butter

Matcha Green Tea, Peanut Butter, Coconut Milk, Vanilla Extract, Ice.

### *Avocado* Cacao

Avocado, Cocoa Powder, Banana, Oat Milk, Maple Syrup, Ice.

### *Peach* Ginger

Peach, Ginger, Greek Yogurt, Honey, Iced Green Tea.

### *Pineapple* & Coconut

Pineapple, Coconut Milk, Lime Juice, Honey, Ice.

### *Mango* & Mint

Mango, Fresh Mint, Greek Yogurt, Honey, Ice.

### *Peanut* Butter Mocha

Coffee, Chocolate Protein Powder, Peanut Butter, Almond Milk, Ice.

## NON-ALCOHOLIC HEALTHY COCKTAILS

### *Cucumber* Mint Refresher

Cucumber, Mint, Lime Juice, Agave Syrup, Sparkling Water.

### *Watermelon* & Basil Refresher

Watermelon, Basil, Lime Juice, Honey, Coconut Water.

### *Pineapple* Ginger Sparkler

Pineapple Juice, Ginger, Sparkling Water, Lime Juice, Mint Leaves.

### *Apple*

Sparkling Water, Apple, Honey, Lemon, Cinnamon, Rosemary.



Vegetarian



Organic



Vegan

**MENÚ**

*Verade*