

A'lia

DUBAI

Filia



La Storia Tella nostra Squadra

Fi'lia is a daily destination where local artisanal ingredients, handcrafted cocktails, and culturally immersive experiences come together in a way Dubai has never seen before.

Rooted in genuine Italian tradition with a Mediterranean touch, our menu is inspired by recipes and stories passed down from one generation of women to the next. It's thoughtfully divided into three sections:

Nonna - traditional, comforting dishes just like grandma used to make
Mamma - beloved classics with a modern, creative twist
Figlia, now Fi'lia - a fresh, contemporary take from the daughter's perspective

Proud to be the region's first fully female-led restaurant, Fi'lia is a celebration of empowerment and equality. Even our cocktail menu features spirits crafted by women, with each drink telling a story in every sip.

From handmade pastas and craft pizzas to freshly baked breads and innovative vegetable-forward plates, our commitment to quality shines through every dish.

Open for lunch and dinner, Fi'lia is where tradition meets innovation— and where creativity, craftsmanship, and community always have a seat at the table.

A Celebration of Italian Flavours

— AVAILABLE FOR DINNER ONLY —



Signature menu

- Sharing style -
AED545

Inspired by a deep love for Italian culture and cuisine, Fi'lia celebrates the art of handmade cooking and time-honoured traditions.

Rooted in authenticity and creativity, the menu reflects a journey through Italy's rich culinary landscape - where every dish tells a story of heritage, craftsmanship, and modern expression.

Buon Viaggio!

Antipasto

CARPACCIO (GF, D, N, R)

truffle beef carpaccio, porcini mushrooms, aged parmesan, hazelnut

Primi Piatti

PIZZA VESUVIO (G, D, V)

zucchini cream, fior di latte, scamorza, Vesuvio tomatoes, grilled zucchini

TAGLIOLINI AL LIMONE (G, D, S, E, R)

fresh tagliolini pasta, Mazara prawns, lemon butter sauce, fresh basil

Secondo Piatto

COSTOLETTA ALLA MILANESE (G, D, E)

breaded veal chop, poached eggs, parmesan cheese, fresh truffle

Dolce

FI'LIAMISU (G, D, V, E)

mascarpone cream, ladyfinger biscuit, espresso syrup

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Please inform our team of any allergies or dietary requirements before ordering.

All prices are in UAE Dirham and are inclusive of 7% Municipality Fee, 10% Service Charge and 5% VAT.

Consumption of raw or undercooked animal, seafood, or poultry products, such as eggs, may increase the risk of food-borne illness.
تحذير- تناول المنتجات الحيوانية أو المأكولات البحرية أو الدواجن النيئة أو غير المطهية جيدًا، مثل البيض، قد يزيد من خطر الإصابة بالأمراض المنقولة عن طريق الطعام

Antipasti

NONNA

PIZZETTA (G, D, V) | **AED 79**
oven-baked pizza dough,
Italian stracciatella, roasted tomatoes

FRITTO MISTO (G, S, E) | **AED 89**
fried marinated seafood,
lemon aioli

● **POLPETTE DI CARNE** (G, D) | **AED 82**
beef meatballs, marinara sauce,
parmesan cheese, extra virgin olive oil

● **PARMIGIANA** (G, D, V, E) | **AED 80**
oven-baked eggplant, tomato sauce,
buffalo mozzarella, parmesan cheese

MAMMA

BURRATA (GF, D, V, N) | **AED 98**
150 g of Italian burrata, candy tomatoes,
romesco sauce, basil
(gluten-free option available)

● **GAMBERI** (G, D, N, S) | **AED 125**
pan-fried garlic prawns, chili butter,
toasted almonds, sourdough bread
(gluten-free option available)

● **VITELLO TONNATO** (G, D) | **AED 115**
slow-cooked veal, tuna sauce,
pickled pearl onions, chicken jus

● **ARANCINO** (G, D, E, V) | **AED 75**
fried tomato risotto ball, scamorza,
eggplant ragù, smoked marinara sauce

SELEZIONE DI PANE (G, D)
homemade bread selection, olive tapenade

additional basket for two | **AED 20**

FI'LIA

TOMINO AL FORNO (G, D) | **AED 98**
breaded soft cow's milk cheese, confit
onion, chicken jus, roasted potato,
herbed breadcrumbs

PANZA' FI'LIA (G, V, VG) | **AED 65**
red tomatoes, cucumber, red onions,
watermelon, basil, olive oil, croutons

● **CARPACCIO DI MANZO** (GF, D, N, R) | **AED 125**
truffle beef carpaccio, porcini
mushrooms, aged parmesan, hazelnuts

Pasta and Risotto

NONNA

● **PAPPARDELLE AL RAGÙ** (G, D, E) | **AED 125**
fresh pasta, beef short ribs ragù, cherry
tomatoes, herbed breadcrumbs

LASAGNA (G, D, E) |
AED 110
fresh pasta, bolognese ragù,
buffalo mozzarella, béchamel, fresh basil

TONNARELLI ALLA VONGOLE (G, S, D, E) |
AED 145
fresh pasta, carpet shell clams, lemon juice,
parsley, garlic, herbed breadcrumbs

MAMMA

● **TAGLIOLINI AL LIMONE** (G, D, V, E) | **AED 98**
fresh pasta, lemon butter sauce,
espelette pepper, lemon zest
additional Mazara prawn tartare: **AED 70**

● **SPAGHETTI ALLA CARBONARA** (G, D, E) |
AED 105
fresh pasta, angus beef bacon, pecorino
romano, egg yolk, black pepper
(gluten-free option available)

RISOTTO AI FUNGHI (GF, D, V) |
AED 110
carnaroli rice, mixed wild mushrooms,
aged parmesan cheese

FI'LIA

● **PACCHERI AL TARTUFO** (G, D, E) | **AED 145**
fresh pasta, truffle butter sauce, parmesan
cheese, chicken jus, fresh truffle
(gluten-free option available)

RAVIOLI DI POLLO (G, D, N, E) |
AED 128
fresh pasta stuffed with grilled chicken,
porcini mushrooms, hazelnut

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La Famiglia

(Recommended to share among 2-4 people)

NONNA

TAGLIATA DI CONTROFILETTO (G, D) | AED 699

400 g Wagyu beef striploin
MB 8-9, mashed potato, grilled
vegetables, black pepper sauce

MAMMA

● BRANZINO IN CROSTA (G, E, D) | AED 385

1 kg crust-baked seabass,
Mediterranean sauce

FI'LIA

● COSTOLETTA ALLA MILANESE (G, D, E) | AED 440

500 g of veal milanese, poached eggs,
parmesan cheese, fresh truffle, chicken jus

Main Course

NONNA

POLLO ARROSTO (GF, D) | AED 135

grilled corn-fed baby chicken,
salsa albufera, gremolata

MAMMA

FILETTO DI MANZO (GF, D) | AED 265

200 g Wagyu beef tenderloin,
whole grain mustard sauce

FI'LIA

● AGNELLO (G, D, N) | AED 180

grilled lamb chops, pistachio crust,
mint-infused jus

● PEPERONI RIPIENI (G, D, V, N) | AED 105

stuffed bell peppers with eggplant
caponata, crushed potato, pine nuts,
garlic sauce

● MELANZANE (G, V, D, E) | AED 110

grilled breaded eggplant, parmesan
cheese, mixed candy tomatoes

● DENTICE (G, D, S, E) | AED 165

red snapper, smoked aioli,
bisque sauce, mussels

Contorni

● INSALATA DI POMODORO (GF, D, V) | AED 65

datterino tomato salad,
balsamic vinegar, feta cheese

INSALATA MISTA (GF, VG, V) | AED 45

mixed green leaves, tomato,
cucumber, sunflower seeds, lemon dressing

● INSALATA FI'LIA (GF, D, V) | AED 65

baby spinach, aged parmesan cheese,
truffle dressing, fresh truffle

VERDURE SALTATE (GF, VG, V) | AED 60

sautéed seasonal vegetables

ASPARAGI ALLA GRIGLIA (GF, V, VG) | AED 70

grilled asparagus, fresh basil

BROCCOLINI AL CARBONE (GF, V, VG) | AED 50

soy sauce glazed broccolini

PUREÉ DI PATATE (G, D, V) | AED 50

mashed potato, parmesan cheese,
crispy potato

PATATA RUSTICA (G, D) | AED 55

smashed potato confit in beef fat,
rosemary, thyme

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Pizze

NONNA

MARINARA (G, VG, V) | AED 67

tomato sauce, garlic chips, oregano, extra virgin olive oil, garlic purée

VESUVIO (G, D, V) | AED 78

zucchini cream, fior di latte, scamorza, Vesuvian tomatoes, grilled zucchini

DIAVOLA (G, D) | AED 95 🍴

beef spianata sausage, pepperoni, tomato sauce, fior di latte, chili flakes

MAMMA

MARGHERITA (G, D, V) | AED 75

classic with fior di latte, tomato sauce, fresh basil, extra virgin olive oil

5 FORMAGGI (G, D, V) | AED 89

fior di latte, buffalo mozzarella, scamorza, gorgonzola dolce, ricotta

CALZONE (G, D) | AED 105

stuffed pizza with buffalo mozzarella, tomato sauce, veal ham, ricotta, fresh basil

FI'LIA

BUFALA (G, D, V) | AED 85

tomato sauce, buffalo mozzarella, extra virgin olive oil, fresh basil

TARTUFO (G, D, V) | AED 125

parmesan cream, truffle paste, buffalo mozzarella, fresh truffle

BRESAOLA E BURRATA (G, D) | AED 125

beef bresaola, tomato sauce, Italian burrata, taggiasca olives

Dolci

NONNA

FI'LIAMISU (G, D, V, E) | AED 60

classic tiramisu cream, ladyfinger biscuit, espresso syrup

BOMBOLONI (G, D, V, E, N) | AED 65

cream-filled Italian doughnuts, orange-infused vanilla bean sauce, gianduja sauce

MAMMA

FI'LIA GELATO (GF, D, V, E) | AED 60

amarena ice cream, cherries, chocolate crumble

PROFITEROLE (G, D, V, N, E) | AED 62

choux pastry filled with pistachio ice cream, pistachio praline, caramel sauce

FI'LIA

PANNA COTTA (G, D, E, N) | AED 62

amaretti biscuit, mango gel, mascarpone cream

PAVLOVA (G, D, V, E) | AED 60

Fi'lia's signature Pavlova

Price per scoop

GELATI

vanilla 20
yogurt and strawberries 20
pistachio 20

SORBETTI

lemon & basil 15
mandarin 15
raspberry 15

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