



Fi'lia celebrates Italian tradition through a fresh and innovative lens. Inspired by recipes and stories passed down through generations, Fi'lia represents its most contemporary expression—where heritage meets creativity.

From handmade pastas and craft pizzas to vibrant, vegetable-forward creations, every dish is crafted with the finest ingredients, bringing authentic Italian flavours to life.

Antipasti

POLPETTE DI CARNE (D, E, G) 500 kcal 100 🚶 **90 SAR**
beef and lamb meatballs, marinara sauce,
parmesan cheese, extra virgin olive oil

FRITTO MISTO (E, G, M, SF) 580 kcal 116 🚶 **110 SAR**
fried marinated seafood, lemon aioli,
padron pepper, lemon wedge

VITELLO TONNATO (C, D, E, F, M) 670 kcal 134 🚶 **95 SAR**
slow cooked veal loin, tuna sauce,
pickled onions, veal jus

MELANZANE ALLA PARMIGIANA (D, E, G, 🌱) 770 kcal 154 🚶 **80 SAR**
roasted eggplant, marinara sauce, ricotta cheese, parmesan cheese

BURRATA (D, N, SU, 🌱) 400 kcal 80 🚶 **110 SAR**
125g Italian burrata, cherry tomatoes,
extra virgin olive oil, fresh basil

ARANCINO (C, D, E, G, 🌱) 590 kcal 118 🚶 **75 SAR**
stuffed tomato rice ball, eggplant,
mozzarella cheese, smoked marinara sauce

GAMBERI (D, G, SF) 450 kcal 90 🚶 **130 SAR**
roasted prawns, confit garlic
butter, fresh basil, lemon

INSALATA CAPRESE (D, 🌱) 450 kcal 90 🚶 **95 SAR**
tomatoes, buffalo mozzarella,
basil, aged balsamic

INSALATA ROMANA (D, E, F, G, 🌱) 500 kcal 100 🚶 **75 SAR**
romaine lettuce, anchovy dressing,
sourdough croutons and parmesan

ADD CHICKEN BREAST 270 kcal 54 🚶 **40 SAR**

ADD GRILLED PRAWNS (SF) 220 kcal 44 🚶 **45 SAR**

Allergen Legend

Food Allergen Awareness: If you have any food allergies, food intolerances, or special dietary requirements, please inform a member of our team before placing your order.

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Minutes : 🚶 indicate the estimated time required to burn the listed calories.

Primi Piatti

LASAGNA 100 STRATI (C, D, E, G) 100 kcal 200 ⚙️
110 SAR

fresh lasagna pasta, oxtail beef ragout,
buffalo mozzarella, bechamel, basil

RIGATONI AL TARTUFO (C, D, E, G, ⚡) 800 kcal 160 ⚙️
160 SAR

dry bucatini, truffle butter sauce,
parmesan cheese, fresh truffle

RISOTTO AL FUNGHI (D, S, ⚡) 960 kcal 192 ⚙️ **110 SAR**
carnaroli rice, mix wild mushroom, parmesan cheese, confit garlic

BUCATINI ALLA CARBONARA (D, E, G) 900 kcal 180 ⚙️
110 SAR

dry bucatini pasta, beef bacon,
pecorino romano, black pepper, egg yolk

TAGLIATELLE AL GAMBERI (C, E, G, SF) 750 kcal 150 ⚙️
170 SAR

fresh tagliatelle pasta, seafood bisque,
red prawns, cherry tomatoes

PAPPARDELLE AL RAGU (C, D, E, G) 800 kcal 160 ⚙️
120 SAR

fresh pappardelle pasta,
braised short ribs, fresh basil

CALAMARATA AL PESTO DI SPINACI (D, E, G, N, ⚡) 650 kcal 130 ⚙️
80 SAR

dry calamarata pasta, basil pesto,
spinach leaves, potato, roasted pine nuts

GNOCCHI AL CACIO E PEPE (D, E, G, ⚡) 700 kcal 140 ⚙️
95 SAR

carnaroli rice, mix wild mushroom,
parmesan cheese, confit garlic

La Famiglia

SPAGHETTI CON POLPETTE (D, E, G) 220 kcal 44 ⚙️ **170 SAR**
dry spaghetti, beef and lamb meatballs, rich confit tomato sauce, aged parmesan cheese

BRANZINO ALLA GRIGLIA (F) 500 kcal 100 ⚙️ **355 SAR**
grilled sea bass, cherry tomatoes, salmoriglio sauce

COSTOLETTA ALLA MILANESE (C, D, E, G) 2000 kcal 400 ⚙️ **455 SAR**
300g veal milanese, poached eggs, parmesan cheese

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Secondi Piatti

SCALOPPINA AL LIMONE (C, D, E) 400 kcal 80  **135 SAR**
seared sliced chicken breast, broccolini,
lemon butter sauce, fresh parsley

AGNELLO (C, G, M, N) 750 kcal 150  **190 SAR**
grilled lamb chops, pistachio crust, mint jus

OSSO BUCO (C, D, G) 700 kcal 140  **175 SAR**
oven baked sourdough crumb, carrots,
pearl onions, mushrooms

POLPO (C, D, SF) 420 kcal 84  **160 SAR**
grilled octopus with peperino sauce, bell pepper
and spianata gremolata, extra virgin olive oil

DENTICE (C, F) 320 kcal 160  **160 SAR**
red snapper fillet, tomatoes and
capers sauce, lemon wedge

MELANZANE (D, E, G, ) 1000 kcal 200  **110 SAR**
breaded grilled eggplant, cherry
tomatoes, mixed herbs

TAGLIATA DI FILETTO (C, D, G) 600 kcal 120  **220 SAR**
beef tenderloin, black pepper sauce, salsa verde

Contorni

VERDURA SALTATE () 130 kcal 26  **55 SAR**
sauteed seasonal vegetables

INSTALATA FI'LIA (D, S, ) 350 kcal 70  **70 SAR**
baby spinach, aged parmesan cheese, truffle dressing

ASPARAGI ALLA GRIGLIA (D, ) 230 kcal 46  **60 SAR**
grilled asparagus, fresh basil

BROCCOLINI AL CARBONE (S, ) 200 kcal 40  320 mg NA **80 SAR**
soy sauce glazed broccolini

LATTUGA ROMANA GRIGLIATA (G, M, ) 130 kcal 62  **55 SAR**
grilled baby gem, mustard dressing, toasted bread crumbs

PUREE DI PATATE (D, ) 210 kcal 42  **55 SAR**
mashed potato, parmesan cheese, crispy potato

PATATA RUSTICA () 640 kcal 128  **55 SAR**
mashed potato confit, smoked paprika, parsley

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Pizze

MARINARA (G, 🍴) 650 kcal 130 🚶 **90 SAR**
tomato sauce, garlic chips, extra
virgin olive oil, oregano, confit garlic

FUNGHI (D, G, 🍴) 1300 kcal 300 🚶 **110 SAR**
mix wild mushroom, provolone, fior
di latte, mozzarella

MARGHERITA (D, G, 🍴) 1100 kcal 220 🚶 **95 SAR**
tomato sauce, buffalo mozzarella,
fresh basil, extra virgin olive oil

DIAVOLA (D, G) 1500 kcal 300 🚶 **110 SAR**
spiniata sausage, pepperoni, tomato
sauce, mozzarella, chili flakes

TARTUFO (D, G, 🍴) 1500 kcal 300 🚶 **150 SAR**
parmesan cream, truffle paste, fior di
latte, mozzarella, fresh truffle

POLLO (D, G, 🍴) 1350 kcal 270 🚶 **120 SAR**
chicken thigh, garlic cream,
mozzarella, pepperoncini, rosemary

BRESAOLA E BURRATA (D, G, N) 700 kcal 140 🚶 **145 SAR**
tomato sauce, beef bresaola, Italian burrata,
basil pesto, cherry tomatoes, taggiasca olives

Dolci

FI'LIAMISU (D, E, G, 🍴) 340 kcal 68 🚶 **75 SAR**
classic tiramisu cream, ladyfinger biscuit,
espresso coffee syrup

CROSTADA AL LIMONE (D, E, G, 🍴) 550 kcal 110 🚶 **65 SAR**
Italian meringue, lemon curd

PROFITEROLES (D, E, G, N, 🍴) 130 kcal 26 🚶 **65 SAR**
chocolate sauce, hazelnut crunch, vanilla gelato

PANNA COTTA (D, 🍴) 560 kcal 112 🚶 **65 SAR**
mandarin coulis, fresh mango

PAVLOVA (D, E, N, 🍴) 520 kcal 104 🚶 **110 SAR**
TO SHARE
red berries, pistachio gelato

Price Per Scoop

GELATI 120 kcal 24 🚶 **30 SAR**
vanilla (D, E, 🍴)
yoghurt & strawberries (D, 🍴)
pistachio (D, N, 🍴)

SORBETTI 80 kcal 16 🚶 **30 SAR**
lemon & basil (🍴)
mandarin (🍴)
raspberries (🍴)

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Filia

Beverages

Mocktails della Casa

CRAFTED TO 0.0 %

FI'LIA SPRITZ ^{59 kcal 12 } **95 SAR**
lyre's Italian orange, berry & grapefruit shrub, soda

BELLINNI ^{89 kcal 18 } **85 SAR**
apricot purée, orgeat, sparkling wine

WHITE SANGAREE ^{165 kcal 33 } **85 SAR**
green tea & lemon cordial, orange, green apple, pineapple

Mocktail Classici

CRAFTED TO 0.0 %

NEGRONI ^{77 kcal 15 } **90 SAR**
lyre's Italian orange, lyre's Italian spritz, homemade gin

OLD FASHIONED ^{34 kcal 7 } **90 SAR**
lyre's American malt, bitters, demerara sugar

MOJITO ^{53 kcal 11 } **75 SAR**
lime, sugarcane, mint, soda

WHISKEY SOUR ^{45 kcal 9 } **90 SAR**
American malt, lemon juice, sugarcane, vegan eggwhite replacement

ESPRESSO MARTINI ^{53 kcal 11  80 mg CAF} **90 SAR**
American malt, lemon juice, sugarcane, vegan eggwhite replacement

DARK N' STORMY ^{90 kcal 18 } **90 SAR**
caleno dark n'spicy, fresh lime, ginger beer

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Vino

Rossi

BELLA CLASSY RED (SU) 285 kcal 57 
Veneto, Italy

GLASS

85 SAR
57 kcal 11 

BOTTLE

350 SAR
285 kcal 57 

Bianchi

BELLA CLASSY WHITE (SU) 195 kcal 39 
Veneto, Italy

GLASS

85 SAR
39 kcal 8 

BOTTLE

350 SAR
195 kcal 39 

Bollicine

BELLA STYLE ROSÉ (SU) 195 kcal 39 
Veneto, Italy

GLASS

85 SAR
39 kcal 8 

BOTTLE

350 SAR
195 kcal 39 

BELLA DREAM GOLD (SU) 195 kcal 39 
Veneto, Italy

450 SAR
195 kcal 39 

Birre

PERONI 0.0 69 kcal 14 
Italy

65 SAR

CORONA 0.0 56 kcal 11 
Mexico

50 SAR

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Bevande Analcoliche

EVIAN STILL WATER	0 kcal 0 	40 SAR
EVIAN SPARKLING WATER	0 kcal 0 	45 SAR
PEPSI	97 kcal 19  30 mg CAF	25 SAR
DIET PEPSI	2 kcal 0.4  29 mg CAF	25 SAR
7UP	158 kcal 32 	25 SAR
7UP ZERO	3 kcal 0.6 	25 SAR
FEVER TREE GINGER ALE	70 kcal 14 	40 SAR
FEVER TREE SPARKLING GINGER	38 kcal 8 	40 SAR
FEVER TREE SPARKLING MEDITERRANEAN TONIC	38 kcal 8 	40 SAR
FEVER TREE GRAPEFRUIT SODA	36 kcal 7 	40 SAR
RED BULL	110 kcal 22  80 mg CAF	45 SAR
RED BULL SUGAR FREE	10 kcal 2  80 mg CAF	45 SAR
RED BULL EDITION	160 kcal 32  80 mg CAF	45 SAR
FRESH JUICES SELECTION	35 kcal 7 	35 SAR

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Caffè

ESPRESSO	3 kcal 0.6  40 mg CAF	30 SAR
DOUBLE ESPRESSO	6 kcal 1  80 mg CAF	30 SAR
AMERICANO	9 kcal 2  80 mg CAF	30 SAR
ICED AMERICANO	9 kcal 2  80 mg CAF	40 SAR
MACCHIATO	15 kcal 3  40 mg CAF	35 SAR
CORTADO	76 kcal 15  80 mg CAF	35 SAR
CAPPUCCINO	12 kcal 24  80 mg CAF	35 SAR
FLAT WHITE	140 kcal 28  80 mg CAF	35 SAR
LATTE	140 kcal 28  80 mg CAF	35 SAR
ICED LATTE	140 kcal 28  80 mg CAF	45 SAR
SPANISH LATTE	290 kcal 58  80 mg CAF	55 SAR
ICED SPANISH LATTE	290 kcal 58  80 mg CAF	60 SAR
FLAVOUR SHOTS	vanilla, caramel, chocolate, hazelnut, or rose	15 SAR

Collezione di Tè Arantcha

ORGANIC ENGLISH BREAKFAST	2 kcal 0.4  42 mg CAF	40 SAR
MAJESTIC EARL GREY	2 kcal 0.4  50 mg CAF	40 SAR
MOROCCAN MINT	2 kcal 0.4 	40 SAR
ORGANIC CHAMOMILE COOLER	2 kcal 0.4 	40 SAR
ORGANIC SPRING MAO FENG	2 kcal 0.4 	40 SAR

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